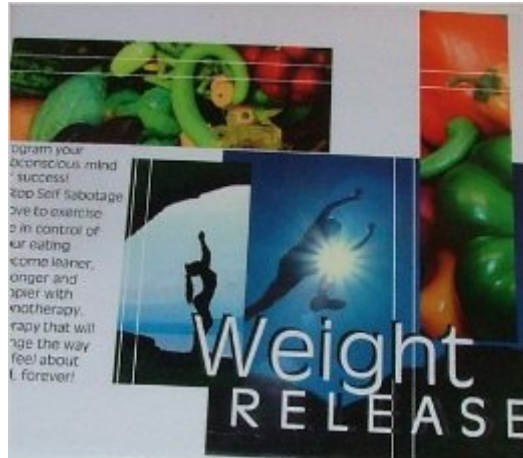


The book was found

# Weight Release 4CD Set - Eight Sessions



## Synopsis

FINALLY! Hypnosis that really attacks the cause of emotional eating habits. These eight sessions will release cravings, create a belief that you have what it takes to succeed and put YOU in control of your eating. These Hypnosis sessions raise your metabolism, burn body fat, even switches "on" the fullness switch sooner. Includes the very popular sessions, "LOVE TO EXERCISE" and "IN CONTROL". 4 CD set with eight different sessions. Love to exercise, Power of Thought, Body Sculpting, Parts Therapy, Set Point release, Metabolism Increase, In Control, Wisdom Light.

## Book Information

Audio CD

Publisher: Insight Audio (2004)

Language: English

ISBN-10: 1929058799

ISBN-13: 978-1929058792

Product Dimensions: 7.5 x 5.2 x 0.5 inches

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